

PARANGA

CAMPS BAY • CAPE TOWN

Starters

OYSTERS SQ

Lemon, Black Pepper & Mignonette

PRAWN TEMPURA 135

Tempura Seasoning, Jalapeño Dressing & Lime

BABY SQUID 125

Fried: Flour, Sea Salt, Black Pepper & Aioli

or

Grilled: Garlic, Green Chilli, Parsley & Lemon

BLACK MUSSELS 125

Garlic, Shallots, Thyme, White Wine & Crème

TUNA TARTARE 135

Avocado, Citrus Soy,
Seven Spice & Crispy Shallot

BEEF CARPACCIO 125

Parmesan, Rocket, Balsamic & Olive Oil

KATAIFI GOAT'S CHEESE 115

Apple & Sweet Chilli

BURRATA 145

Citrus, Fennel & Hazelnuts

Greens

HOUSE GREENS 115

Cucumber, Tomato, Carrot, Red Cabbage, Feta,
Egg, Candied Seeds & Vinaigrette
Add: Avocado SQ / Add: Chicken 45

GREEK 105

Roasted Peppers, Tomato, Baby Cucumber, Red Onion,
Olives, Marinated Feta, Caramelised Lemon & Vinaigrette

SALMON NIÇOISE SQ

Greens, Tomato, Green Beans, Olives
Boiled Egg, Capers, Lemon & Vinaigrette

ROAST BUTTERNUT 110

Baby Spinach, Feta, Sundried Tomato,
Pine Nuts, Olives & Vinaigrette

Sushi

SIGNATURE ROLLS

SPICY TUNA 125

Tuna Sashimi & Spicy Aioli

CRUNCHY CRAB 190

Avocado, Soft Shell Crab Tempura, Wasabi, Aioli & Flying Fish Roe

ULTRA PHILLY 135

Salmon, Avocado, Philadelphia Cream Cheese & Chives

PRAWN TEMPURA 145

Prawn Tempura, Avocado & Sweet Soy

NO RICE ROLL 145

Cucumber, Prawn, Salmon, Tuna, Avocado,
Wasabi Aioli & Salmon Roe

RAINBOW ROLL 165

Prawn, Salmon, Tuna, Avocado

SUSHI SALAD 195

Greens, Tuna, Prawn, Salmon, Avocado & Sesame Seeds

Add: Sushi Rice 45

CRAYFISH TEMPURA 215

Sweet Soy, Avocado & Sesame

Sushi

SASHIMI (3 PC)

Yellowfin Tuna 95

Norwegian Salmon 95

NIGIRI (3 PC)

Yellowfin Tuna 95

Norwegian Salmon 95

Prawn 105

MAKI (8 PC)

Yellowfin Tuna 105

Norwegian Salmon 105

Prawn 115

Avocado & Cucumber 75

ROSES (3 PC)

Yellowfin Tuna, Avocado,

Japanese Mayo & Salmon Roe 115

Salmon, Avocado, Japanese Mayo & Salmon Roe 115

CALIFORNIA ROLLS (8 PC)

Norwegian Salmon 115

Yellowfin Tuna 115

Prawn 125

Avocado & Cucumber 85

FASHION SANDWICH (4 PC)

Tuna 105

Salmon 105

Prawn 115

Avocado & Cucumber 75

Shellfish

GRILLED: PARSLEY, LEMON & OLIVE OIL
ACCOMPANIED BY: SPICY ROMESCO, LEMON CRÉME & GARLIC CRÉME
SIDE OF CHOICE

CRAYFISH, WHOLE SQ
500g

LANGOUSTINE SQ
Medium 5 / Large 3

PRAWNS SQ
Medium 6 / Large 3

SEAFOOD PLATTER SQ
Seabass, Calamari, Prawns, Langoustines & Crayfish
[For One or Two]

Fish

GRILLED: PARSLEY, LEMON & OLIVE OIL
SIDE OF CHOICE

KINGKLIP 265

BABY KINGKLIP 305

SALMON 295

TUNA 255

SOLE 275

DAILY CATCH 265

Meat

GRILLED: OLIVE OIL & THYME

SIDE OF CHOICE

ADD: PRAWN SQ

FILLET 250

SIRLOIN 195

RIB EYE 255

CHEF'S CUT SQ

Sauces

PEPPERCORN 50

MUSHROOM 50

MUSTARD 50

BÉARNAISE 50

Paranga Classics

WITH SIDE OF CHOICE

BABY SQUID 225

Fried: Flour, Sea Salt, Black Pepper & Aioli

or

Grilled: Garlic, Green Chilli, Parsley & Lemon

WHITE FISH TEMPURA 185

Garlic Aioli & Cress

TRUFFLE FILLET 295

Mushroom Butter

BEEF BURGER 155

Aged Cheddar, Slaw, Red Onion,
Burger Sauce & Cornichons

Add: Bacon 30

LAMB CUTLETS 285

Rosemary, Thyme, Garlic & Lemon

ESCALOPE OF CHICKEN 165

Mustard Sauce & Fine Herbs

GRILLED CHICKEN 165

Garlic, Herb Butter & Lemon

WOK FRY 195

Soba Noodles, Edamame, Mushrooms,
Snap Peas, Baby Spinach & Chilli

Sides

MASHED POTATO 50
Smoked Sea Salt

THIN CUT FRIES 50
Sea Salt & Black Pepper

NEW POTATOES 50
Butter, Fine Herbs & Crème Fraîche

GREEN VEGETABLES 50
Butter & Sea Salt

RICE 50
Basmati, Citrus & Fine Herbs

SIMPLE SALAD 50
Tomato, Cucumber, Feta & Vinaigrette

Desserts

MOLTEN CHOCOLATE 125

Strawberry Compote & Vanilla Ice Cream

SPICED APPLE CRUMBLE 95

Cinnamon Ice Cream

ROCKY ROAD 105

Chocolate Mousse, Salted Pecan Nuts,
Roasted Marshmallow & Espresso Ice Cream

PARANGA ICE CREAM 105

Chocolate Sauce, Honeycomb & Roasted Marshmallow

CRÈME BRÛLÉE 85

Strawberries & Vanilla Short Bread

SELECTION OF SORBET & ICE CREAM 45

Sorbet & Ice Cream

